2009-2010 National PTA Reflections Program
DANCE CHOREOGRAPHY RULES

Theme: “Beauty is…”

Students must adhere to the general student participation rules as well as the following Dance Choreography Rules.

Description
A Dance choreography entry must be an original choreographed dance recorded on a CD/DVD. The choreography must be the work of one student and must demonstrate creativity and interpretation of the current Reflections Program theme. It is suggested that the required artist statement be given at the beginning of the recording, in addition to being written on the Student Entry Form.

There may be up to three dancers performing the choreography. The choreographer may be the performer or one of the performers, but does not have to be. Costumes are not necessary. If costumes are used, however, the choreographer must also create the costumes or directly note that the costumes are not his/her original work.

Whether an entry uses a variety of techniques or a simple approach, it will be judged primarily on how well the student uses his or her artistic vision to portray the theme. A well-developed concept is more important than technique. Therefore, it is very important that the student show a clear relation of the dance choreography to the theme. The connection should be made evident through the use of song, props, or the dance itself.

Traditional Dance
The modification of the steps and the interpretation of the dance are considered when judging a traditional dance for creativity and/or originality. An explanation of the origin of the dance and/or the significance of the choreography might be a useful addition to the artist statement when submitting a dance choreography entry involves traditional culture or Regional dances.

Presentation
• Entries may not exceed three minutes.
• The choreography should directly relate to the theme.
• All grade divisions must submit a CD/DVD of a performance of the choreography.
• The choreographer is not required to be the (or one of the) performer(s).
• Please state your artist statement at the beginning of the recording (the artist should not be considered part of the three minutes of the entry).

Format
• Submissions should be in one of the following file formats:
  — .MPG / .MPEG
  — .MOV / .QT (QuickTime Video)
  — .WMV (Windows Media Video)
• The recorded performance should be saved as a file on the CD/DVD, not as a DVD/CD movie.
• Submit the CD/DVD in a plastic or cardboard container, identify both the CD/DVD and the container with the student’s name, grade division, State, and year.
• Pack the CD/DVD in a large envelope.
• Place the Student Entry Form in a clear plastic sheet protector, then secure the sheet protector to the outside of the envelope with masking tape. Include the title and required artist statement on the Student Entry Form if the title has no title, please write “untitled”.

Recommendations for Quality Recordings
• Use a tripod to hold the camera still.
• Turn off all noise-making devises in the room (air conditioners, fans, telephones, etc…).
• Make sure the background music, if any, is audible on the recording.

Music
The title, composer, and performer of any background music must be credited and documented on the Official Student Entry Form. If the entry’s connection to the theme is expressed in the song choice, this should be explained in the artist statement.

Required Information
On the Student Entry Form in addition to crediting any background music, please answer the following: who performed your choreography and credit the background music.